



What is it?

It is a **10-month programme**, which includes:

- 6 months mentoring
- 1 month planning support
- 3 months volunteering experience

Who will my mentor be?

We will match you with an individual who has a minimum of three years experience in your chosen career or business area and according to the information you provide in the short application process. All mentors are DBS checked.



How does it work?

Mentoring sessions are face-to-face and take place once a month for six months, each session is two hours long, except for session five which is a work shadowing day/week. All dates for meeting up will be decided by you and your mentor.



How do I apply?

Go to the Programmes and Services page on our website and select sign up under the mentoring section. You will need to complete a short profile outlining what you want to achieve through the mentoring relationship.



Career Aspiration

This type of mentoring is for you if you:

- Are in education or unemployed
- Know the job or industry you want to go into
- Don't have any contacts in the industry
- Need knowledge of how to get into the role or industry

About the Mentoring

Our mentoring programme is for anyone aged 15 - 30 who is looking to get some current advice from an industry professional doing the role they aspire to - at their desired level - or even for someone looking for advice on how to set up a business.



Career Leadership

This type of mentoring is for you if you:

- Are already employed in your desired role or industry
- Are aspiring to hold a management or leadership position
- Need knowledge on how to rise through the ranks



Business Planning

This type of mentoring is for you if you:

- Have a business idea
- Have started a business but you are still in the early stages
- Need knowledge and support on planning or starting a business