

About the Mentoring

The SLLY Mentoring is an 8-month programme, which consists of:

1. **A minimum of six meet ups in six months** (sessions can take place in person, online or a combination of both)
2. **Support in creating clear objectives** for your career journey
3. Planning and **mapping out the journey**, in order to achieve your goals
4. Completing **a tailored project that will accelerate the completion of a key component of your career goal** i.e. securing an internship in their desired work sector
5. A shadowing day or week in your mentors place of work, if they are able to provide this.

Mentoring sessions range from 1.5 - 4 hours.

Meet Up Dates

All dates for meeting up will be decided by you and your mentor but must be provided to your SLLY rep.

Masterclasses

As part of the programme you will be invited to events and masterclasses, which will be delivered by expert facilitators from a range of business sectors.

After completing the mentoring

All mentees are required to volunteer time or expertise to SLLY.

You will also receive a month of remote support with anything related to your career goals.